

Professional Development Calendar

September 2015 – February 2016

- Classes take place at Mary Johnson Children’s Center, 81 Water St. Middlebury, unless otherwise noted. Pre-registration is required to ensure we can reach you if a class needs to be cancelled. Contact Amethyst at 388-4304 or resource@mjcvt.org

Date	Time	Title	Level	CDA area	Specialized Care	Core Knowledge
T. Sept. 9	6 – 9 pm	Introduction to the Fundamentals for Early Care and Education	I	5,6		M
W. Sept. 9	6:30-8:30 pm	Wellness Network: Food Allergies and Sensitivities – see p. 5	All	1, 5		E, M
S. Sept. 12	8:30am-3:30 pm	Introduction to TS Gold, part 1 – see page 5	III +	5		M
T. Sept 15	6 – 9 pm	Fundamentals: Healthy and Safe Environments	I	1		E
Th. Sept. 17	6 – 8 pm	STARS Dinner see page 4	All	5, 6		M
S. Sept. 19	8:30 am – 3 pm	Fundamentals: Communication in the Early Childhood Workplace/Understanding Diversity see insert	I	4		F
T. Sept. 22	6 – 9 pm	Fundamentals: Observing and Recording	I	7		T
W. Sept. 23	6 – 8 pm	4 th Annual Farm to Preschool Gathering see page 6	All	1		E
Th. Sept. 24	6:30 – 8:30 pm	Art as Discovery for the Young Child see page 6	All	2, 8		T
S. Sept. 26	8:30 – 12:30	CPR/First Aid	All	1		E
S. Sept 26	8:30am-3:30 pm	Introduction to TS Gold, part 2 see page 5	III +	5		M
T. Sept. 29	6 – 9 pm	Fundamentals: Theories of Child Development	I	8		C
W. Sept. 30	6:30 – 8:30 pm	Accounting and Budgeting for Child Care Providers see page 6	All	5		M
S. Oct. 3	8:30 am – 3 pm	Fundamentals: Interactions with Infants and Toddlers	I	2, 3, 8		T
M. Oct. 5	6:30 – 8:30 pm	Wellness Network: Sustaining a Healthy Mood see page 6	All	1, 5		E,M
T. Oct. 6	6 – 9 pm	Fundamentals: Interactions with Preschoolers, part 1	I	2, 3, 8		T
Th. Oct. 8	6:30 – 8:30 pm	The Importance of Play in Early Childhood Learning Environments See page 7	All	4, 8		T, F, M
S. Oct. 10	8:30am-3:30 pm	TS Gold – Step 2 see page 7	III +	5		M
T. Oct. 13	6 – 9 pm	Fundamentals: Interactions with Preschoolers, part 2	I	2, 3, 8		T
W. Oct. 14	6:30 – 8:30 pm	Watch Me Grow! Children’s Developmental Milestones p. 7	All	5, 8		C, M
S. Oct. 17	8:30am-3:30 pm	TS Gold – Step 3 see page	III +	5		M
M. Oct. 19	6:30 – 8:30 pm	Cultivating Healthy Relationships with Food	All	1		E

T. Oct. 20	6 – 9 pm	Fundamentals: Promoting Healthy Sexual Development	II	1, 2, 3	Advanced	T
Th. Oct. 22	6 – 9 pm	Basic Specialized Care, part 1 see page 8	All	3, 4, 6,		T, C, F, M
M. Oct. 26	6:30 – 8:30 pm	Messy Play and Brain Development – rescheduled from 10/12	All	2,3,5,8		T
T. Oct. 27	6 – 9 pm	Fundamentals: Creating Engaging Environments @ Discovery Hill	I	1,2,3		E
W. Oct. 28	6:30 – 8:30 pm	Bread Baking with Whole Grains see page 9	All	1		E
Th. Oct. 29	6 -9 pm	Basic Specialized Care, part 2	All	3.4.6		T, C, F, M
M. Nov. 2	6:30 – 8:30 pm	Wellness Network wrap-up and celebration				
T. Nov. 3	6 – 9 pm	Fundamentals: Creating Developmentally Appropriate	I	5, 6		T, C
Th. Nov. 5	6:30 – 8:30 pm	Paper-Making see page 9	All	2, 5		T
Th. Nov. 12	6 – 9 pm	Building a Trauma Informed Community see page 9	II +	3, 6	Advanced	T, M
M. Nov. 16	6:30 – 8:30 pm	Nutrition and Brain Development - rescheduled from 9/21	All	1		E
W. Nov 18	6:30 – 8:30 pm	Plugged In: Technology, the Internet and Child Safety see page 9	All	1,2,6		E
Th. Jan 14 & 21	6:30 – 8:30 pm	Sensory Processing see page 10 Bad weather date – Jan. 28	II +	2, 3	Advanced	T
T. Jan 19	6:30 – 8:30 pm	Make it Count: Nutrient Dense Foods are Key see page 10	All	1		E
S. Jan 23	8:30 am – 3 pm	ARC – Attachment, Regulation and Competency see page 10	All	3, 8	Advanced	T, C
S. Jan. 16	8:30 am – 12:30	CPR and First Aid see page 11 for registration info.	All	1		E
S. Jan. 30	8:30 am – 3 pm	Bad weather date for ARC				

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Core Knowledge Areas: T = Teaching and Learning C = Child Development F = Families and Community
M = Professionalism and Program Organization E = Healthy and Safe Environments

CDA (Child Development Associate) Subject Areas:

- 1. Planning a safe, healthy environment.** Examples: Safety, first aid, nutrition, planning materials and equipment, play.
- 2. Steps to advance children’s physical and intellectual development.** Examples: Large and small muscle, language, discovery, art and music.
- 3. Positive ways to support children’s social and emotional development.** Examples: Self-esteem, independence, self-control, socialization.
- 4. Strategies to establish productive relationships with families.** Examples: Parent involvement, home visits, parent conferences, referrals, visits.
- 5. Strategies to manage an effective program operation.** Examples: Planning, record keeping, reporting.
- 6. Maintaining a commitment to professionalism.** Examples: Advocacy, ethical practices, work force issues, professional associations.
- 7. Observing and recording children’s behavior.** Examples: Tools and strategies for collecting and using information about children.
- 8. Principles of child growth and development.** Examples: Developmental milestones from birth - 5, cultural influences on development.

For more information regarding a CDA Credential, go to www.northernlights.vsc.edu or contact Amethyst at 388-4304 or resource@mjcvt.org If you are considering pursuing a CDA Credential, the Fundamentals is a first course towards a CDA Credential.

