

# November 2019 Center

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>  <b>Closed For Parent Conferences</b>
<b>4</b>  <b>Breakfast</b>  WG Cereal Oranges Milk  <b>PM Snack</b> Apples Cheese	<b>5</b>  <b>Breakfast</b>  WG Bagel Sun butter Bananas Milk  <b>PM Snack</b>  Graham Crackers Milk	<b>6</b>  <b>Breakfast</b>  Oranges WG Breakfast Mix Milk  <b>Close At 12:30 For Inservice</b>	<b>7</b>  <b>Breakfast</b>  Boiled Eggs Grapes  <b>PM Snack</b>  Cucumbers WG Triscuits Milk	<b>8</b>  <b>Breakfast</b>  WG Wraps Apples Turkey  <b>PM Snack</b> Cheese Grapes
<b>Lunch</b>  Cheesy Rice Broccoli, Peaches Milk	<b>Lunch</b>  Sunbutter & Jelly Sandwiches on Whole Grain Bread Cucumbers Apples Milk	<b>Lunch</b>  Whole Grain Maple Granola Roasted Sweet Potatoes Yogurt Blueberries Milk	<b>Lunch</b>  Black Bean Tacos Corn Chips Cheddar Cheese Greens & Salsa Mango Milk	<b>Lunch</b>  Chicken Noodle Soup Whole Grain Crackers Carrot Sticks Hummus Pears Milk

**USDA is an equal opportunity provider and employer.**

We try to stay as close to this menus as possible, but do on occasion, make substitutions based on product availability and freshness.

<p><b>11</b></p> <p><b>Breakfast</b></p> <p>WG Cereal Oranges Milk</p> <p><b>PM Snack</b></p> <p>Cottage Cheese Cucumbers</p>	<p><b>Lunch</b></p> <p>Whole Grain Pasta Pesto Cauliflower Sausage Apples Milk</p>	<p><b>12</b></p> <p><b>Breakfast</b></p> <p>Crackers Sunbutter Apples</p> <p><b>PM Snack</b></p> <p>WG Gold Fish Raisins</p>	<p><b>Lunch</b></p> <p>Cheddar Fritata Sweet Peppers Cinnamon Toast Oranges Milk</p>	<p><b>13</b></p> <p><b>Breakfast</b></p> <p>WG Rice Cakes Grapes Milk</p> <p><b>PM Snack</b></p> <p>Celery hummus</p>	<p><b>Lunch</b></p> <p>Vanilla Yogurt Banana Spinach mini muffin Blueberries Carrot Sticks Milk</p>	<p><b>14</b></p> <p><b>Breakfast</b></p> <p>Graham Crackers Sun butter Bananas Milk</p> <p><b>PM Snack</b></p> <p>Corn Chips Salsa</p>	<p><b>Lunch</b></p> <p>Roast Turkey, Potatoes Squash Whole Grain Roll Applesauce Cranberries Milk</p>	<p><b>15</b></p> <p><b>Breakfast</b></p> <p>Dried Fruit WG Ceral Milk</p> <p><b>PM Snack</b></p> <p>Grapes Cheese</p>	<p><b>Lunch</b></p> <p>Tomato Soup Ham WG Crackers Peas Apples Milk</p>
<p><b>18</b></p> <p><b>Breakfast</b></p> <p>WG Cereal Oranges Milk</p> <p><b>PM Snack</b></p> <p>Apples Cheese</p>	<p><b>Lunch</b></p> <p>Cous Cous Ham Winter Greens Peaches Milk</p>	<p><b>19</b></p> <p><b>Breakfast</b></p> <p>WG Bagel Sun butter Bananas Milk</p> <p><b>PM Snack</b></p> <p>Graham Crackers Milk</p>	<p><b>Lunch</b></p> <p>Roasted Root Veggies Chicken Corn Bread Apples Milk</p>	<p><b>20</b></p> <p><b>Breakfast</b></p> <p>Grapes WG Breakfast Mix Milk</p> <p><b>PM Snack</b></p> <p>Carrots Hummus</p>	<p><b>Lunch</b></p> <p>Apple Cinnamon Oatmeal Vanilla Yogurt Blueberries Roasted Sweet Potatoes Milk</p>	<p><b>21</b></p> <p><b>Breakfast</b></p> <p>Boiled Eggs Oranges</p> <p><b>PM Snack</b></p> <p>Cucumbers WG Wheat Thins</p>	<p><b>Lunch</b></p> <p>Pumpkin Pancakes Vanilla Yogurt Blueberries Peas Milk</p>	<p><b>22</b></p> <p><b>Breakfast</b></p> <p>WG Wraps Apples Sunbutter</p> <p><b>PM Snack</b></p> <p>Cheese Grapes</p>	<p><b>Lunch</b></p> <p>Corn Chowder Whole Grain Bread Cheddar Cheese Apples Milk</p>

25  <b>Closed For Inservice</b>	26  <b>Closed For Inservice</b>	27  <b>Closed For Inservice</b>	28  <b>Closed For Thanksgiving</b>	29  <b>Closed For Thanksgiving</b>

**Age appropriate milk is served daily with breakfast and lunch. Whole Milk 1-2 years of age and Skim or 1% for children over 2.**

